

# KLAUS FERDINAND HEMFLING



attention is directed to the journey itself, a journey which can be marked by constant excitement and experience if we learn to appreciate it fully, moment by moment. In his second book "What Horses Reveal" Klaus Ferdinand Hempfling teaches the principles of primal life, against the background of both the mythological and the real horse. He emphasizes the importance of totally honest self-assessment and selfknowledge and both mental and

physical self-control, demonstrating how a misplaced or misunderstood feeling, glance, posture, attitude or movement can make the difference between success and failure in the relationship with a horse. In order to gain a greater understanding of every horse, the author describes in detail, and explains how to apply his unique system for recognizing horses.

All horses, no matter what heir breed or type, will fit into his clearly defined 26 character groups. His horse communication seminars and clinics are in great demand all over the world. His latest teachings and seminars come in different blocks, starting with what Klaus Ferdinand Hempfling calls "Borderline". The participants can experience directly, how even behaviours, which are very far from normal, are transformed and how the horse finds back to a confident and authentic relation to its original self and to its surroundings. It is about the pure work with horses, about the principal of the first encounter in its most crystalline form brought to the point. The primary focus is how a change in the relationship to the horse is achieved through the person's own approach. It is

about seeing the horse in its real appearance and as a mirror and medium for the humans' individual reflection and development. The principle aim is the understanding of how different situations and obstacles may be better recognized and be carefully overcome. It is important to realize the frame of all the possibilities of both, horse and human more precisely. General explanations before and in between the work with the horse create an important foundation.

The next block is called "Spirit & Energy". It is not the theory that leads Klaus Ferdinand Hempfling to the praxis, but the praxis and the obvious successes that lead back to the theory. Inner strength and balance are the guarantors of being able to stand up in front of a horse, especially in a crisis. With his background of years of praxis, also in the most extreme situations, Klaus



shows reasonable ways to get there. Long before Klaus did come together with horses, he had, in his way, been busy with the different ways how authentic primordial cultures look at and pass on all the questions about spirituality, lifeplanning and authenticity.

"It is difficult or even impossible, to imagine my special form of being with horses without a deeper understanding of these primordial structures", Klaus Ferdinand Hempfling says.

This is the reason why he thinks, it is important to share this fundamental platform with the interested participants, to make sure, that the full picture of his approach also to horses is painted and accessible. In his book 'Woman and Horse' (at the moment only available in the original German edition) he, for example, compares different primordial ways. The seminar takes place without horses – but Klaus explains frequently the concrete relation to the being with horses.

The third block is called "Body Awareness & Energy". Too many modern methods of training the body are

his work is consideration of the horse's psyche, communication via a body language that is understood by the horse and interaction with these powerfull, beautiful, dignified creatures in accordance with nature. The development of the rider's presence and an orientation to holistic principles is integral to this work. Klaus Ferdinand Hempfling's methods of communicating with horses have been embraced by thousands of participants and onlookers at his clinics and demonstrations. His first book "Dancing with Horses" has been an overwhelming success in Europe and has now become not just a bestseller but also a longseller. In this book he talks about dominance without punishment, collection without rein pressure – these apparent contradictions are explained as the author shows his fascinating method of communication and reaching in which the message is that the path is the goal. In a world which knows only goals, where only winners are important, our

Klaus Ferdinand Hempfling was born in Germany in 1957. After completing a degree in telecommunication technology, he took the time to deepen his understanding of life by becoming a teacher, freelance artist, theatrical director and traveler. After having spent several years in the Spanish Pyrenees mountains, he became a full time lecturer at the School of Art and Design in Dortmund, Germany. During this period he pursued a detail study of mythology and was intrigued with that most significant symbol of our culture - the horse. At the age of 29 he returned to the Pyrenees, this time on a quest to search for the real horses - the wild ones. Here he began a study of the horse in his natural environment that would reshape not only Klaus Ferdinand Hempfling, but also a part of the horse world. He has shaken up the international horse world with his thought provoking theories. The basis of





with a sensitive and careful building up and dealing with the individual physical frame of movement. In this seminar it is about an "inner" understanding of authentic connections between body and energy. Many exercises are based on the mechanisms of balance and movement from the direct work with horses. The fourth block is called "The Art of Lunging". How Klaus manages, after the shortest time, to make horses "dance", to make them flower inside is what he will describe and demonstrate in this seminar. Klaus always works with horses at liberty, and with his body language he guides them directly to the natural balance and to the free collection. Practical work, demonstrations and illustrations are all done by

Klaus (with different horses) and by assistants under his guidance, as general help and inspiration, especially for the right beginning. The spectators have the possibility to join specific exercises. The idea is to give an overview. This seminar is based on the foundation of Klaus Ferdinand Hempfling's publications: 'Dancing with Horses' 'What Horses Reveal'. The seminar offers the opportunity for the participants, to recognise and understand, how the togetherness with a horse can develop organically and on its own, when the first basis of


understanding, confidence and dominance has been established. Klaus Ferdinand Hempfling shows how a horse is guided and encouraged in a more advanced way during the groundwork. How do we achieve a correct bending without any aids, with a free horse? How can we, with each step of ours, help the horse to find balance and equilibrium, power and the ability to carry more and more of its weight on the hind quarters, in order to move in a free-collected manner? The fifth and last block is called "The Art of Riding". Here Klaus puts great emphasis on the right beginning: The correct seat on the horse, standing and in movement. The main question: How may we in the best way, through balance, communicate physically with the free horse, to enhance its nature and collect it at liberty? A horse that was prepared during the groundwork in an understanding and clear way will manage the step to becoming a riding horse without much effort, and above all without any shyness or fear. It has experienced that it can confidently

open up towards the human being; stand by him at any time. It feels secure and accepted. It has experienced how comfortable it is to carry itself in balance. Now horse and rider can learn to bring these qualities together to achieve a high level of balance at loose reins on finest signals.






in reality transmitting high risks of injuries, which partly only become noticeable after years. Klaus has during decades developed and tested a body-awareness-concept which is very helpful, to be able to exist with horses, especially in borderline-situations. Horses are nature. To really correspond to them is only possible through the knowledge of primordial, natural connections in us, in our body. The positive effects of this body-awareness concept are for the participants immediately to feel and they are at any time recallable. Being authentic with a horse, means, to realise the world and oneself through corporeal, physical experience. Body-Awareness plays an elementary part in the togetherness with horses. It is not, surprisingly enough, so much about "tanking" new energies – which is often sold on the consume market of our times. But horses do not react on this. It is much more about finding an authentic relation to ones own individual energy forms, to remember them again, to discover them anew. Power surprisingly has very much to do with calmness, with awareness, with relaxation and





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